

## **Fortbildungsangebote**

### **Identification and Treatment of Identity Diffusion in Adolescents**

**Pamela A. Foelsch, New York**

**Samstag, 15.03.08: 14.30-16.00 und 16.30-18.00 (4 UE)**

#### **Inhalte und Ziele:**

This workshop will provide a comprehensive overview of a treatment for adolescents with identity diffusion. Identity diffusion in adolescents will be defined, including the important differentiation of normal adolescent identity crisis from pathological identity diffusion. The prototypic behavioral problems associated with identity diffusion will be identified. A treatment for adolescents with identity diffusion will be described. This treatment is a modification of Transference Focused Psychotherapy (TFP) that is used to treat adults with identity diffusion. Specific modifications to the strategies, tactics, and techniques of TFP will be described and illustrated with clinical material.

#### **Zeitplan:**

- 14:30 Object Relations Model
- 14:45 Differentiate "identity crisis" from identity diffusion
- 15:00 Identify prototypic behavioral manifestations of identity diffusion
- 15:45 Break
- 16:00 Describe modifications to Transference Focused Psychotherapy
  - Strategies
  - Tactics
  - Techniques
- 17:00 Clinical Illustrations
- 17:30 Discussion

#### **Zur Referentin:**

**Dr. Pamela A. Foelsch** (PhD) is a Senior Fellow in the Personality Disorders Institute at the Weill Medical College of Cornell University where she is a Clinical Assistant Professor of Psychology in Psychiatry. Dr. Foelsch received Post-Doctoral Training in Transference-Focused Psychotherapy (TFP), a modified psychodynamic psychotherapy for severe personality disorders, by Dr. Otto Kernberg at the Personality Disorders Institute. Dr. Foelsch is a senior supervisor and provides workshops and training in TFP. In addition, Dr. Foelsch is currently conducting a research study of a modification of TFP for the treatment of adolescents that was initially developed in collaboration with Dr. Paulina Kernberg. Dr. Foelsch is also an Adjunct Professor at the Smith College School for Social Work in Northampton, MA, where she teaches and is a research advisor, as well as a NYS Licensed Psychologist in private practice in Manhattan and Harrison, New York, USA.

#### **Anschrift der Referentin:**

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