

1st EURONET-SOMA summer school

Researching Persistent Somatic Symptoms: Multidisciplinary Challenges

Patients with **Persistent Somatic Symptoms (PSS)** are functionally impaired, have lower quality of life and, thus, pose a substantial challenge to the population, healthcare and health policy of Europe. PSS are a great burden in healthcare and associated with enormous societal costs, health care costs and costs of lost productivity. Furthermore, PSS are often accompanied by psychological, psychiatric, and social problems or stressful life events. Psychosomatic medicine, clinical psychology and medical specialties all have their own (different) concepts of PSS. This has resulted in multiple diagnoses for PSS that are used in clinical care such as somatic symptom disorder (DSM-5), bodily distress disorder (ICD-11), functional somatic syndromes (secondary care) or medically unexplained symptoms (primary care). Furthermore, etiological concepts are still unresolved and differ between medical specialties. Perceptions and experiences of PSS are still not well understood and involve peripheral input, central processing, neurobiological concepts and psychosocial factors.

The **goals of the summer school** are to stimulate young researchers active in the field of PSS research, to give them the opportunity to gain a broader view on the different PSS perspectives, to inspire them for tackling the challenges in PSS research and implementation, and to encourage contact between these young researchers and research leaders.

Key facts:

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| Information | Selected PhD-students and post-docs from diverse backgrounds |
| Period | Saturday 15 th June - Tuesday 18 th June 2019 |
| Location | Start in Groningen, then transfer to the Allersmaborg in Ezinge (Netherlands)  |
| Fee | €400 |
| Course language | English |
| Number of participants | 24 |
| Certificate | Certificate of Attendance |
| Deadline of application | 1 st May 2019 |
| Organizing committee | Prof. Dr. Judith Rosmalen (Groningen, The Netherlands), chair Dr. Tim olde Hartman (Nijmegen, The Netherlands) Prof. Dr. Bernd Löwe (Hamburg, Germany) |

Further information: <https://www.euronet-soma.eu/summer-school>

Application procedure

Applications should be sent to summerschoolPPS@rug.nl, including a motivational letter, a CV, and a potential publication list (please combine these documents to a single pdf-file). The fee for participation is 400€ and comprises the scientific program, the certificate of attendance, accommodation and meals. The European Association of Psychosomatic Medicine (EAPM) is happy to announce that two summer school stipends, amounting to 300€ each, will be offered to participants from eastern and southern Europe. Application for these grants should be included in the application to the summer school.

Please contact summerschoolPPS@rug.nl for further inquiries.