

**Reflective-Functioning (RF) Training  
*As applied to Adult Attachment  
Interviews (AAs), Parent Development  
Interviews (PDIs), and Friends and  
Family Interviews (FFIs)***

**7<sup>th</sup>-8<sup>th</sup> October, 2015  
Munich, Germany, location TBA  
9:30 am - 5:30 pm over 2 days**

Reflective functioning (RF), also known as 'mentalization', has been shown to overlap with mental health in adults, and has been the focus of a number of recent books and articles detailing its vital place in developmental and clinical research. The RF concept was first developed by Miriam Steele and Howard Steele with Peter Fonagy, a group of authors later joined by Mary Target. The validity base for this construct comes from its reliable application to Adult Attachment Interviews (AAs). RF scores derived from parents' AAs are powerfully predictive of child outcomes in terms of mental health, self and social development. RF scores derived from AAs obtained from patients (before and after psychotherapeutic treatment) reveal positive and significant changes. RF may be reliably identified in Parent Development Interviews (PDIs) and also Friends and Family Interviews (FFIs) suitable for 8-16 year old youth.

This training is aimed at advanced graduate students and professionals aiming to score RF in AAs, PDIs, or FFIs. The training will provide a detailed inside look at the evolution of the RF coding manual, and how to apply the RF coding manual to narrative material.

Training to be provided by:

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Cost of training & a reliability set of 15 AAI's, 15 PDI's, or 20 FFI's (distributed via email at the end of the 3-day training), per salaried person is \$1000 – full-time students \$425.

Payment is due by 10 September 2015 via credit card to Paypal. Send an email to Howard Steele with questions or interest in the training, and an invoice will be sent to you if a place is available.